Welcome to LifeWorks

Improving lives. Improving business.



Get help with all of life's questions, issues and concerns with LifeWorks. LifeWorks offers support with mental, financial, physical and emotional wellbeing.

Any time, 24/7, 365 days a year.

Feel supported and connected with a confidential Employee Assistance Program and innovative wellbeing resource.

Connect with LifeWorks today for free confidential support

Australia: 1300 361 008 New Zealand: 0800 155 318

